

2006 ATHLETE PROFILES-MEN

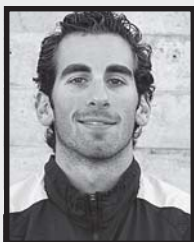


DONNY APPANAITIS

Pole Vault

Sophomore, Palos Verdes, Calif.

Freshman (2004-2005): Appanaitis posted Cal's second-best mark of the season in the pole vault with 15-06.25 at the MPSF Championship (2/27) ... **Redshirted (2003-04)** ... **High School:** Appanaitis attended Loyola High School in Los Angeles ... State leader and Southern Section champion in the pole vault ... Also Loyola record holder (16-0, 1993) in the pole vault ... Helped Loyola win the 2003 CIF-SS Division II Championship ... **Personal:** Donald Bruce Appanaitis ... Born April 23, 1985, in Torrance, Calif. ... Father is Donald Appanaitis ... Integrative biology major.

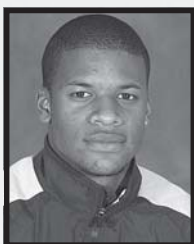


ALEX BEITASHOUR

100m-200m-400m

Sophomore, San Francisco, Calif.

Freshman (2004-05): In the 400m recorded a 49.63 at the Hornet Invitational ... **High School:** A 2003 graduate of The Branson School in Ross, Calif., Beitashour adds depth to a young and talented sprint group ... Won NCS Division 5 track championship in the 200m his senior year in high school ... Team captain ... School record holder in 100m and 200m ... Also played basketball, soccer and lacrosse ... **Personal:** Alexander Paul Beitashour ... Born Nov. 1, 1984, in San Francisco, Calif. ... Parents are Ninous and Magda Beitashour ... Intended business administration major.

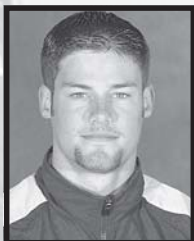


CHRIS BOYKIN

Triple Jump-200m-400m

Sophomore, San Jose, Calif.

Freshman (2002-03): Boykin ran a 48.86 to take third in the 400m at the Big Meet ... At Mt. SAC Relays, ran third leg of Cal's winning 4x100m relay team (40.56) and led off Cal's 4x400m relay team (3:14.46) ... Led off Cal's 4x400m relay team at the Big Meet (3:18.28) ... **High School:** A 2002 graduate of Bellarmine College Prep in San Jose, Calif., Boykins competed in the West Catholic Athletic League ... **Personal:** Christopher A. Boykins ... Born July 26, 1984, in Los Angeles, Calif. ... Parents are Lucky Boykins and Jan Adkins ... Has four siblings ... Intends on majoring in political science, with a career goal of becoming a lawyer ... Step-sister Shawna Adkins was a member of the 2002 Cal track and field team ... Relatives Shasha Spencer is a professional runner for Nike (800m) and Melanie Batiste is a Hall of Fame track runner at Oregon.



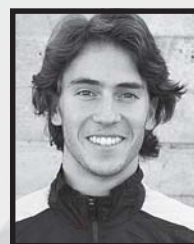
ADAM BURGH

Javelin-High Jump

Junior, Yamhill, Ore.

Sophomore (2004-05): Burgh posted Cal's second-best mark of the season in the javelin (215-06/65.69m) at the NCAA West Regional ... Burgh's javelin marks from the NCAA West Regional rank him fifth on Cal's all-time Top 10 performers list ... **Freshman (2003-04):** Burgh posted the Bears' best season mark in the javelin, 200-04, a Pac-10 qualifying mark ... **Redshirted (2002-03)** ... **High School:** Burgh attended Yamhill-Carlton High School in Yamhill, Ore. ... Competed at the 2002 Oregon state meet in the high jump, discus, javelin, and hurdles at which he claimed top honors in the high jump ... Three-time MVP on the track team with numerous state and league honors ... Also played basketball, football and four years of varsity soccer ... Active in several school clubs and organizations ... School president and valedictorian ... **Personal:** Adam William Burgh ... Born Feb. 6, 1984, in Palo Alto, Calif. ... Parents are

Don Burgh and Deb Brooks ... Grandfather, Bill, attended Cal and mother, Deb, completed her graduate degree at Cal ... Has one brother, Eric ... Economics and political science double major with a minor in public policy.



SEAN CAREY

800-1500m

Sophomore, Albany, Calif.

Freshman (2004-05): Competed in the 800m and 1500m ... Carey is also a member of Cal's cross country team ... **Cross Country:** In the 2005 cross country season Carey had a season-best time of 28:05 at the S.F. State Invitational, in which he finished 26th ... **High School:** A 2004 graduate of Albany High School in Albany, Calif. ... Won the 800m at the NCS Meet of Champions ... Participated in the Junior Olympics ... 800m school record holder with PR of 1:52.15 ... Played one year varsity soccer ... **Personal:** Sean Wesley Carey ... Born Aug. 20, 1986, in San Francisco, Calif. ... Parents are Van and Judith Carey ... Father is a professor at Cal ... Has one sister, Elizabeth ... Undeclared major.

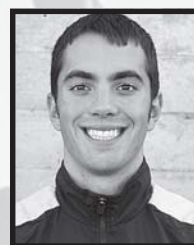


CHRIS CHAVEZ

Distance

Sophomore, Culver City, Calif.

Freshman (2004-05): Chavez posted Cal's fifth-best mark of the season in the 1500m (3:57.36/Big Meet), and 5000m (14:44.34/U.S. Jr. Nationals) and the team's third-best mark of the season in the mile (4:15.02/Brutus Hamilton) and 3,000 (8:39.88/Bay Area Blast Off) ... After the 2005 season, Chavez ranks ninth among Cal's all-time top 10 performers for his 8:39.88 in the 3000m ... Qualified for the USATF Junior Nationals in the 5000m ... **Cross Country:** In the 2005 cross country season Chavez had a season-best time of 25:15 at the Stanford Invitational, he finished 57th ... He finished 47th (25:45) at the Pac-10 Championships ... Finished 81st (32:18.6) at the NCAA West Regional ... **High School:** Graduated in 2004 from Santa Monica High School in Santa Monica, Calif. ... MVP of track team and four-year varsity letterman on league champion team ... Named "Most Athletic" at his high school ... **Personal:** Christopher Daniel Chavez ... Born May 9, 1986, in Santa Monica, Calif. ... Parents are Anthony and Margaret Chavez ... Has one brother, John ... Hobbies include golf and making jewelry ... Undeclared major with an interest in economics.



STEVEN CONRAD

Decathlon

Sophomore, Grass Valley, Calif.

Freshman (2004-05): Conrad redshirted the outdoor season ... He posted Cal's season-best mark (6.91/Air Force Quad) in the men's indoor 60m ... Third in the 60m hurdles (8.42/Air Force Quad) ... Indoor's 200m (22.04/MPSF Championship) ... Also in the indoor competitions Conrad finished the season second on the team in the long jump (7.15m/23-05.50/MPSF Championship) and heptathlon (5,039 pts./Cougar Classic) ... Conrad ran the third leg of the 4x400m relay and helped the team post Cal's best time (3:12.98) of the season at the MPSF Championships ... **High School:** A top decathlete prospect, Conrad is a 2004 graduate of Nevada Union High School in Grass Valley, Calif. ... Boasts PRs of 24-2 in the long jump, 10.69w in the 100m, 48.57 in the 400m, 14.57 in the 110mH, 6-4 in the high jump ... A California state finalist in the long jump ... Set six school records ... Named best overall athlete on team, among other team awards ... Also played football ... **Personal:** Steven Michael Conrad ... Born Dec. 12, 1985, in Sacramento, Calif. ... Parents are Chet Conrad and Barbara Hren ... Has two sisters ... Undeclared major.



KEVIN DAVIS

Distance-Steplechase Senior, Fresno, Calif.

Junior (2004-05): Davis posted Cal's best mark of the season in the 3000mSC (8:56.57/Pac-10 Championship), which places him seventh all-time at Cal ... He also posted Cal's second-best of the season in the 3000m (8:14.53/MPSF Championship), placing him third on Cal's all-time top performers ... Redshirted the indoor season ... **Sophomore (2003-04):** Posted Cal's best 3000mSC time (8:55.56) to finish ninth at the NCAA West Regional ... That mark also placed him seventh all-time at Cal ... Placed seventh in the 3000mSC at the Pac-10 Championships ... Also posted Cal's second-best time of the season in the 5000m (14:48.47) ... **Freshman (2002-03):** Won the 3000mSC with a PR (9:01.34) at the USATF Junior Championships ... Posted his and Cal's best time of 3:51.13 in the 1500m at the Mt. SAC Relays ... Ran an NCAA Regional and Pac-10 Championships qualifying time of 9:06.16 in the 3000mSC at the Cal Open ... Had his best 5000m time (14:59.19) at the Big Meet ... Had Cal's best finish (10th, 9:09.32) in the 3000m SC at the Pac-10 Championships ... Ran a 4:14.07 in the indoor mile at the MPSF Championships ... **Cross Country:** Davis posted his season best time at the 2005 Pac-10 Championships where he was Cal's third-best finisher (18th) with a time of 24:58...The Bear's third-best finisher at the NCAA West Regional, in which he placed 48th with a time of 31:24.0...The team's second-best finisher at the Pac-10 Championships as a junior (33rd, 25:33) and Bears' third-fastest runner at the NCAA West Regional (53rd, 31:52) ... As a freshman, earned Cal's Most Improved Award ... Made first of three conference appearances at the 2002 Pac-10 Championships (35th, 25:11) and ran at the NCAA West Regional (93rd, 33:17) ... **High School:** A 2002 graduate of Clovis West High School ... Was the league and section champion and finished fifth at the state meet as a member of the cross country team ... Recorded PRs of 1:57 (800m), 4:17.1 (1600m), 8:32.47 (3000m) and 9:05.92 (3200m) ... **Personal:** Kevin William Davis ... Born Feb. 4, 1984, in Fresno, Calif. ... Parents are Robert and Delores Davis ... Older sister, Barbara, played soccer at Fresno State ... Undeclared major.



RANDY FAIR

400m-800m Senior, Folsom, Calif.

Senior (2004-05): Fair posted Cal's second-best time of the season in the men's indoor 800m (1:52.81/Husky Classic) ... **Junior (2003-04):** Redshirted the outdoor season ... Fair ran Cal's top 800m time of the season and a PR of 1:51.75 at Pac-10 Championships to finish 11th ... Ran Cal's second-best 400-meter time (48.98) of the season ... Ran the third-leg of Cal's seventh-place 4x400m relay team (3:08.83) at the Pac-10 Championships ... **Sophomore (2002-03):** Ran Cal's best 800m time (1:52.02) of the year at the Mt. SAC Relays ... At the Yellow Jacket Invite, was 12th in the 800m (1:52.33) and anchored Cal's 4x400m relay team that took fifth (3:13.86) ... **Freshman (2001-02):** Set Cal's third-best time of the season in the 400m (48.29) at the Mt. SAC Relays ... **Cross Country:** In the 2005 cross country season Fair had a season-best time of 28:01 at the S.F. State Invitational, in which he finished 25th ... **High School:** Selected Folsom High School Athlete of the Year as a senior ... Also as a senior, named all-city for track and field and football ... Set the school record in the 200m (21.7) and 400m (48.78) ... Competed in the Junior Olympics ... **Personal:** Randy Harold Fair ... Born Feb. 15, 1983, in Sacramento, Calif. ... Mother is Ginger Fair ... Undeclared major.



JUSTIN FORSETT

Sprinter Freshman, Arlington, Texas

Football: Recorded six touchdowns and tallied 999 yards during the 2005 season ... Scored one touchdown in 11 carried for 49 yards ... **High School:** A explosive running back in high school he scored 63 touchdowns and rushed for nearly 5,000 yards during his junior and senior season ... Also participated in basketball and ran track for Grace Prep in Arlington, Texas ... **Personal:** Born Oct.

14, 1985, in Lakeland, Fla. ... Parents are Rodney and Albertina Forsett ... Father is a clergyman and coach ... lists video games and photography as his hobbies ... Undeclared major.



CRAIG GALLIMORE

Sprints-Hurdles Sophomore, Burke, Va.

Freshman (2004-05): Gallimore posted Cal's season-best time of the season in the 110m hurdles (14.32/Golden Bear Invitational) and 400m hurdles (53.13/Illinois) and the season best time in the men's indoor 60m hurdles (8.27/Air Force Quad) ... Gallimore ran the fourth leg of the outdoor 4x400m relay (3:11.64/Brutus Hamilton) and helped the team post Cal's second best time of the season ... **Redshirted (2003-04) ... High School:** Gallimore attended Lake Braddock High School in Burke, Va. ... State champion in 300H ... Indoor state champion in 60m and an indoor All-American ... PRs are 14.02 in the 110mH and 37.60 in the 300mH ... **Personal:** Craig Allun Gallimore ... Born May 31, 1985, in Fairfax, Va. ... Parents are George and Lucy Gallimore ... Undeclared major with an interest in engineering.



GILIAT GHEBRAY

Distance Junior, Union City, Calif.

Sophomore (2004-05): Ghebray had a very successful sophomore season, posting three of Cal's best marks in the mile (4:07.72/Brutus Hamilton), 3000m (8:02.11/MPSF Championship), and 5000m (14:04.00/Stanford Invitational) ... His sophomore times in the 3000m and the 5000m rank him second all-time and seventh all-time, respectively ... **Freshman (2003-04):** Ghebray posted Cal's fastest mile time (4:07.77/MPSF Indoor Championships) and Cal's best 3000m time (8:07.27 indoors) ... **Redshirted (2002-03) ... Cross Country:** In the 2005 season Ghebray had a season best time of 24:27 at the Stanford Invitational, in which he finished 19th...Cal's top performer at both the Aggie Open and Chile Pepper Festival...The Bears' top finisher at the 2005 Pac-10 Championships, in which he placed 8th with a time of 24:30...Cal's top performer at the 2005 NCAA West Regional, in which he finished 15th (30:38.2)...The Bears' only athlete at the 2005 NCAA Championships, Ghebray finished 63rd with a time of 30:39.5...Clocked the second-fastest time on the team at the 2004 NCAA West Regional (52nd, 31:50) ... Posted four top 15 showings in 2003 ... Improved 15 places at the 2003 Pac-10 Championships (39th, 26:14.80) from his freshman year and was the Bears' second fastest at the event ... Cal's third-fastest performer at the 2003 NCAA West Regional (55th, 31:04) ... Earned the team's Most Inspirational Award as a freshman ... One of Cal's top five finishers at the 2002 Pac-10 meet (54th, 25:44) ... **High School:** A 2002 graduate of James Logan High School ... NCS champion in cross country as a junior and was the NCS runner-up in track and field his sophomore through senior seasons ... At the state meet, finished fourth in the 3200m as a sophomore and fourth in the 1600m as a senior ... Ran PRs of 4:12.69 (1600m) and 9:02.20 (3200m) ... School-record holder in the 1600m, 3200m and distance medley relay ... Named to the honor roll ... **Personal:** Giliat Ghebray ... Born Feb. 5, 1984, in Oakland, Calif. ... Father is Berhane Mehari and mother is Genet Walemariam ... Has five siblings, with brother Bisirat a 2000 Cal grad and brother Yosef is a freshman on the Cal team ... Family comes from Eritrea ... Undeclared major.



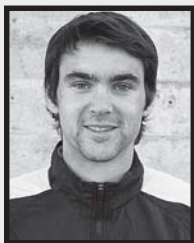
YOSEF GHEBRAY

Distance

Freshman, Union City, Calif.

Cross Country: In the 2005 cross country season Ghebray had a season-best time of 24:34 at the Stanford Invitational, in which he finished 23rd ... Finished 20th (25:01) at the 2005 Pac-10 Championships ... Finished 55th at the 2005 NCAA

West Regional with a time of 31:33 ... **High School:** A high school All-American ... Placed 27th at 2004 Footlocker Cross Country Nationals and second at the Footlocker regional meet ... Finished sixth in the 3200m at the 2005 California state meet ... In 2005 at Logan HS, posted PRs of 4:12.39 in the 1600m and 8:21.75 in the 3000m (nationally ranked) ... As a junior, won the state cross country and 3200m titles ... Clocks a career-best time of 8:52.41 in the 3200m as a junior ... Helped his high school track and field team to the 2004 state championship ... **Personal:** Born May 18, 1987, in Fresno, Calif. ... Father is Berhane Mehari and mother is Genet Waldemariam ... His brother, Giliat, is a senior on the Cal cross country team ... Undeclared major.



JONAS HALLGRIMSSON

Decathlon-Triple Jump

Junior, Harfnarfjordur, Iceland

Junior (2004-05): Hallgrimsson was an NCAA qualifier in the javelin ... He posted Cal's best mark of the season and a NCAA qualifying mark in the decathlon (7,002/Pac-10 Multis), Recorded a mark of 52.62 in the 400m at the Pac-10 Multis, and a best in the 1500m (4:39.61/Pac-10 Multis), seventh-

best in the 110m hurdles (15.59/Pac-10 Multis), third-best in the pole vault (14-09/MPSF Championship - Hep ... Recorded the team's third-best in the javelin (213-06/Pac-10 Championships) ... His javelin marks from the Pac-10 Championship rank him sixth all-time in the javelin ... **Sophomore (2003-04):** Posted Cal's javelin mark of the season (170-07), long jump (22-08) ... **USC:** Hallgrimsson scored 6,855 points at the Occidental meet ... Pac-10 qualifier in decathlon and triple jump ... **High School:** Attended Reykjavir Junior College in Reykjavir, Iceland ... Member of national team for three years ... Then PRs included 6,650 points in decathlon, 22-8 long jump, and 48-0 triple jump ... 1998 Iceland Junior Track & Field Athlete of the Year ... **Personal:** Jonas Hlynur Hallgrimsson ... Born May 27, 1982, in Reykjavik, Iceland ... Parents are Jonasson Hallgrimsson and Ingibjorg Asgeirsdottir ... Brother, Asgeir, is a professional athlete in Spain ... Has another sibling, Berglind ... Career goal is to build his own company ... Undeclared major.



BRANDON HAMPTON

Sprinter

Freshman, Los Angeles, Calif.

Football: Recorded 11 tackles (8 solo) and was a special team regular during the 2005 season ... **High School:** Ran the 100, 200 and 400 on his high school track team ... Earned first team all-city and all-league honors at Westchester HS after rushing for more than 1,600 yards as a senior ... **Personal:** Born Jan. 12, 1986, in Los Angeles ... Parents are Thomas Hampton and Demetria Waddell ... Brother, Chris Waddell, played inside linebacker at Washington in 1999 and 2000 ... Intends to major in interdisciplinary studies.



JACOB HANSON

Hurdles

Freshman, Yelm, Wash.

High School: Awarded All-American status by *Track & Field News*, *USA Today* ... Selected as a Junior All-American by USA Track & Field ... Gatorade Washington Athlete of the Year ... Washington State Track & Field Annual Athlete of the Year honoree ... Placed third at the Junior

National Championship (52.08) ... Placed second at the Golden West Invitational (36.64) ... A six-time state champion ... Finished first in the 110m hurdles, 300m hurdles and 200m his senior year ... Was the 110m hurdles, 300m hurdles and long jump State champion his junior year ... Placed third at the Golden West in the 300m hurdles his junior year ... During his sophomore high school season he finished second in the 200m, third in the 100m, second in the 4 x 100m ... The same year he placed second in the 400m hurdles at the Junior Olympics ... Holds his high school records in the 100m, 200m, 400m, 4 x 100m relay, 110m hurdles, 300m hurdles and long jump ... Helped his high school team win the state championship his freshman year, earned second place his sophomore and junior years, and placed fifth his senior year ... His high school coach was former Cal track and field multi-event coach Mike Strong ... **Personal:** Born August 8, 1987, in Tacoma, Wash. ... Undeclared major ... Son of Debra and Lanny Hanson ... Has three sisters Jessica, Amelia, and Emma.



CRAIG KENT

Shot Put-Discus

Sophomore, Spokane, Wash.

Freshman (2004-05): Kent posted Cal's second-best mark of the season in the shot put (58-02.00/ Holiday Inn Invite - indoor), in the discus (169-06/ Modesto Relays), season-best in the javelin (171-06/Illinois) ... **Redshirt (2003-04):** A 2004 Verizon Junior All-American in shot put and discus ... **High**

School: Kent is a 2003 graduate of Central Valley High School in Spokane, Wash. ... Central Valley team captain in 2003 ... Greater Spokane League Athlete of the Year in 2003 ... 2003 Washington state champion in shot put and discus ... Set school records in shot put, discus and javelin in 2003 ... Played three years varsity football ... 2003 MVP of Greater Spokane League - Defense ... **Personal:** Craig B. Kent ... Born July 19, 1985 ... Parents are Steve and Sue Kent ... Steve Kent played football at Eastern Washington ... Undeclared major.



ERIC LEE

800-5000m

Sophomore, San Rafael, Calif.

Freshman (2004-05): Lee posted season-best mark (1:54.99) of the season in the 800m at the Golden Bear Invitational ... **Cross Country:** In the 2005 cross country season Lee had a season-best time of 26:40 at the S.F. State Invitational, in which

he finished sixth ... **High School:** Lee graduated from Sir Francis Drake High School in San Anselmo, Calif. ... A two-time team MVP ... PRs include 49.3 in the 400m, school record 1:53.23 in the 800m, 4:27.09 in the mile, and 42-2 in the triple jump ... **Personal:** Eric Brandon Lee ... Born Aug. 26, 1986, in Greenbrae, Calif. ... Mother is Cynthia Farina ... Has one sister, Lisa, who played basketball at Cal State Hayward ... Undeclared major.



JOHN LUDDEN

Shot Put-Discus-Hammer

Sophomore, Canoga Park, Calif.

Freshman (2004-05): Ludden posted season-best mark of the season in the shot put (52-04.5/ Brutus Hamilton), season-best in the discus (169-07/ Big Meet), and posted the second-best mark in the hammer (191-08) at the Big Meet ... **Redshirt**

(2003-04): A 2004 Verizon Junior All-American in the hammer ... **High School:** Ludden is a 2003 graduate of Harvard-Westlake School in North Hollywood, Calif. ... Set school records in shot put and discus ... School MVP in 2003 ... CIF champion in shot put and discus in 2003 ... Played JV basketball in 2001 ... **Personal:** John David Ludden ... Born June 29, 1985 ... Parents are Paul and Mary Ludden ... Older brother, Michael, attends UCLA ... Also has a younger brother, Peter who attends UC Davis ... PRs are 185-5 in the discus and 59-4.5 in the shot put.



MARSHAWN LYNCH

Sprinter

Freshman, Oakland, Calif.

Football: Finished the 2005 season with 196 carried for 1,246 yards and 10 touchdowns ... In 2004 tallied eight touchdowns in 71 carried for 628 yards ... **High School:** A PrepStar and SuperPrep All-American and the San Francisco Chronicle's East

Bay Player of the Year, he rushed for 1,722 yards and caught 17 passes in eight regular season games for Oakland Tech his senior season **Personal:** Born April 22, 1986, in Oakland, Calif. ... Mother is Delisa Lynch ... Hobbies include fishing and reading.



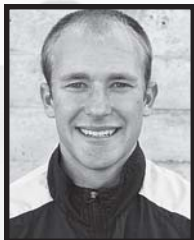
THOMAS MACK

110H-400H

Junior, Bakersfield, Calif.

Sophomore (2004-05): Mack ran Cal's best time of the season in the 110m hurdles (14.12/Illinois) and the season's best time in the 400m hurdles (52.49/Brutus Hamilton)...Mack ran the last leg of the 4x100m relay and helped his team earn the best mark of the season in the NCAA West

Regional (40.53) ... **Freshman (2003-04):** Mack was a Pac-10 qualifier in the 110mH with a season-best of 14.42, posted at the Big Meet ... Also posted his season-best in the 400mH (53.92) at the Big Meet ... **High School:** Mack is a 2003 graduate of Bakersfield High School in Bakersfield, Calif. ... 2002 California state champion in 110HH and 300IH.PRs are 13.92w and 14.04 (110HH), 37.28 (300IH) and 53.18 (400IH) ... Bakersfield High School was 2002 California state team champion ... **Personal:** Thomas A. Mack ... Born Aug. 28, 1985, in Bakersfield, Calif. ... Mother is Cynthia Sosa ... Has an older brother, Jeff, and older sister, Melanie.



MARK MATUSAK

Distance

Freshman, Torrance, CA

Cross Country: 2005 Pac-10 Newcomer of the Year ... Matusak was Cal's top performer at the Stanford Invitational, finishing 17th with a season-best time of 24:24...Cal's second-best finisher at the 2005 Pac-10 Championships and the 2005 NCAA

West Regional...Finished 17th (24:56) at the 2005 Pac-10 Championships...Finished 21st (30:53.6) at the 2005 NCAA West Regional ... **High School:** Track & Field News All-American ... Captured a bronze medal in the 1500m (3:49.81) at the 2005 Pan Am Junior Championships after winning the event (PR: 3:47.07) at U.S. Junior Nationals ... Won the state 1600m title as a junior and senior at Loyola HS ... In 2005, was the runner-up in the 3200m at the state meet ... Took first at the 2003 and 2004 Division II State Cross Country Championships after placing third in 2002 ... Finished third at the 2004 Footlocker Nationals after placing 22nd in 2003 ... Won the 2005 Nike Outdoor 2-mile (8:51.13) ... Helped his high school to the 2002 and 2004 state cross country titles and a No. 6 national ranking in 2002 ... School was the 2005 state track and field runner-up ... Holds school records in the 1600m (4:07.94), 3000m (8:25.28), 3200m (8:47.93) and 2-mile (8:51.13) ... **Personal:** Born June 27, 1986, in Torrance, Calif. ... Parents are Jan and Elizabeth Matusak ... Undeclared major.



ALEX McCLARY

800m-1500m

Sophomore, Shelton, Wash.

Freshman (2004-05): McClary posted Cal's best mark of the season in the 800m (1:48.84/Modesto Relays), the second best of the season in the mile (4:10.52/Brutus Hamilton) ... In the men's indoor competition he posted the best mark of the indoor season in the 800m (1:50.94/Cougar Classic) and ran the last leg of the 4x400m relay, helping his team earn the best mark (3:12.98) of the season at the MPSF Championships ... He is the member of the sprint medley team

(3:23.09) that ranks second all-time at Cal ... **Cross Country:** Finished 46th at the 2005 Pac-10 Championships with a time of 26:31...Redshirted the 2004 season ... **High School:** A Track & Field News All-American ... A two-time 800m state champion at Shelton HS ... Owns an 800m PR of 1:50.23, which was one of the top five prep times in the country ... As a senior, finished seventh in the state in cross country after placing eighth as a junior ... Won the district cross country title as a senior ... As a sophomore, was the state record holder in the 800m ... Holds school records in the 400m, 800m, 1600m and 4x400m ... **Personal:** Born Oct. 31, 1985, in Texarkana, Texas ... Parents are Cam and Judy McClary ... Cam played basketball and Judy ran track at Arkansas ... Alex's twin brother, Andy, runs for Cal ... Alex's grandfather (Doug McClary) and his great-grandfather (Hal McClary) played basketball for Washington ... Undeclared major.



ANDY McCLARY

Distance

Sophomore, Shelton, Wash.

Freshman (2004-05): McClary posted the best mark of Cal's season in the 1500m (3:48.01/Cardinal Invite) and the second best of the season in the 800m (1:52.98/Brutus Hamilton) ... In the men's indoor competition McClary ran the third leg in the 4 x 880-yd relay (7:58.53/Air Force Quad) and the distance

medley relay (9:50.11/MPSF Championship), both of which recorded the best times of Cal's indoor season ... McClary joined his twin brother, Alex, as two of the most talented newcomers in the distances and on the cross country team ... **Cross Country:** McClary was Cal's fifth-best finisher at the 2005 Pac-10 Championships, in which he placed 46th with a season-best time of 25:45...Finished 97th (32:59.3) at the 2005 NCAA West Regionals...Redshirted the 2004 season ... **High School:** Runner-up to his brother, Alex, in the 800m at the state championships as a senior at Shelton HS ... His PR in the 800m is 1:51.79 ... Finished seventh at the state cross country meet as a junior ... Placed second at the 2002 league cross country championship ... Propelled his high school to league cross country championships with undefeated records in 2001 and 2002 ... Took seventh at the 2004 Golden West Invitational after placing eighth in 2003 ... **Personal:** Born Oct. 31, 1985, in Texarkana, Texas ... Parents are Cam and Judy McClary ... Cam played basketball and Judy ran track at Arkansas ... His twin brother, Alex, runs for Cal ... Alex's grandfather (Doug McClary) and his great-grandfather (Hal McClary) played basketball for Washington ... Undeclared major.



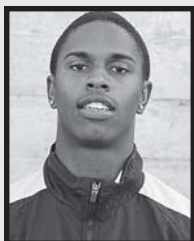
MATTHEW MILLER

Distance

Freshman, Manhattan Beach, Calif.

Cross Country: In the 2005 cross country season Miller had a season-best time of 25:20 at the Stanford Invitational, in which he finished 63rd...Finished 68th (26:52) at the 2005 Pac-10 Championships ... **High School:** Graduated from Loyola High School in Los Angeles, Calif., where he

led his team to the 2002 CIF and State Division I Cross-Country Championship, 2004 CIF and State Division II Cross-Country Championship, and 2003 and 2004 CIF Division II Track Championship ... Earned All CIF honors in cross country in 2002 ... Finished third in the 3200m at the CIF Championships in 2005 ... Owns personal records of 1:58 in the 800m, 4:18 in the 1600m, and 9:24 in the 3200m ... Also lettered in cross country and soccer ... **Personal:** Matthew Miller ... Born Jan. 31, 1987, in Redondo Beach, Calif., to Maureen and Chris Miller ... Enjoys running, kickball, soccer, and ultimate frisbee ...Undeclared major.



RASHAAD NUNNALLY

100m-Long Jump Sophomore, Vallejo, Calif.

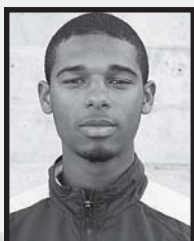
Freshman (2004-05): Nunnally posted Cal's second-best marks of the season in the 100m (10.66/ Illinois), season- best in the 200m (22.75/Big Meet), and ran the third leg of the 4x100m relay (40.53) helping his team earn the second-best time of the season at the NCAA West Regional ... In the men's indoor competition Nunnally earned the season-best time of the season in the 60m (6.90/MPSF Championship) and season-best in the long jump (6.74m/22-01.50/Holiday Inn Invitational) ... **High School:** Nunnally attended Bethel High School in Vallejo, Calif., for two years before graduating from Sheldon High School in Sacramento, Calif., in 2004 ... Two-time Delta League champion in the long jump and 100m ... Played football at Bethel High School ... Junior National qualifier in the long jump in 2003 and 2004 ... Named a scholar athlete in 2003 and 2004 ... Posted PRs of 25-1.75 in the long jump, 10.51 in the 100m, and 21.90 in the 200m ... **Personal:** Rashaad Dominic Nunnally ... Born July 1, 1986, in Lemoore, Calif. ... Mother is Delecia Nunnally ... Cousin, Jon Nunnally, played major league baseball ... American studies major.



MICAH PARKER

Distance Sophomore, Reno, Nev.

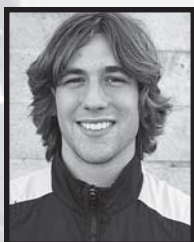
Lassen Community College: Won the 2004 CALJUCO Title in the 3000SC ... **Cross Country:** In the 2005 cross country season Parker had a season-best time of 26:37.6 at the USF Invitational, in which he finished 24th ... **High School:** Parker graduated from Galena High School in Reno, Nev., where he earned spots on the All-State Cross Country teams twice, as well as being named to the All-Region Wrestling Team three times ... **Personal:** James "Micah" Parker ... Born March 2, 1985, in Reno, Nev., to Steve and Catie Parker ... Parker's sister, Abby, also competes on the track and field and cross country teams ... Relatives who have attended Cal include Parker's father, paternal grandparents, and an uncle who won an Olympic gold medal while rowing for the crew team ... Undeclared major.



JORDAN PAUL

Hurdles Freshman, Los Angeles, Calif.

High School: On his Loyola Prep team he was awarded Rookie of the Year in 2003, Most Improved in 2004, and Most Inspirational in 2005 ... Two-time CIF Southern Section Division 2 Champion ... CIF state runner-up in 2005 ... **Personal:** Born April 2, 1987, in Los Angeles, Calif. ... Undeclared major ... Son of Sandra and Brent Paul ... Hobbies include writing and playing music.



STEPHEN POTTEY

1500m Freshman, Reno, Nev.

Redshirted (2004-05) ... Cross Country: Redshirted the 2005 season ... **High School:** Pottey a 2004 graduate of Galena High School in Reno, Nev. ... Nevada state champion in the 1600m in 2003 and 2004, while setting stadium records ... State champion in the 800m and high school's Athlete of the Year in '04 ... Second in the state in cross country ... Set a meet record at the Stanford Invite in the mile in 2004 ... PR in the 1500m is 4:00.44 ... **Personal:** Stephen Michael Pottey ... Born Feb. 21 in Reno, Nev. ... Parents are Charles and Donna Pottey ... Father ran cross country and track and field at Rensselaer Polytechnic Institute ... Interested in becoming a civil engineer and youth pastor ... Undeclared major.



NATHAN ROLFE

Throws Sophomore, Seattle, Wash.

Freshman (2004-05): Redshirted the outdoor season... In the men's indoor competition Rolfe posted Cal's second-best marks in the weight throw (59-04.75/MPSF Championship) and third-best in the shot put (51-11.75/Cougar Classic) ... **High School:** Rolfe is a 2004 graduate of Inglemoor High School in Kenmore, Wash. ... Three-time *Track & Field News* All-American, four-time state champion ... Indoor and outdoor national champion ... Went undefeated in dual meets for three years in high school ... PRs include 206-2 in the discus, 237-4 in the hammer, 60-1 in the shot ... Played two years of football ... **Personal:** Nathaniel Chatfield Rolfe ... Born Oct. 28, 1985, in Miami, Fla.... Parents are Bruce Rolfe and Alison Faulkner ... Has two older siblings, Justin and Sarah ... Grandparents Scheafe and Jacqui Ewing attended Cal ... Hobbies include scuba diving, glider flying and water skiing ... Undeclared major.



JAKE SCHMITT

Distance Freshman, Kentfield, Calif.

Cross Country: In the 2005 cross country ... Finished 49th (25:51) at the 2005 Pac-10 Championships ... The Bear's fifth-best finisher at the 2005 NCAA West Regional, in which he placed 70th with a time of 32:01.9 ... **High School:** Grabbed 19th place at the 2004 Footlocker Cross Country Nationals ... Claimed the state cross country title as a senior at Redwood HS...placed fifth in the 3200m at the 2005 state meet ... A 2004 Verizon Junior All-American in track and field and honorable mention All-American in cross country ... 11-time Marin County Athletic League champion in cross country and track and field ... Six-time North Coast Section champion in cross country and track and field ... Led his high school to three league cross country titles and one in track and field ... PRs include: 1600m (4:15.2) and 3200m (9:06 - converted from 3000m) ... **Personal:** Born March 27, 1987, in San Francisco, Calif. ... Parents, Tom and Laura Schmitt (Starrett), competed in cross country and track and field at Cal ... His mom coaches Redwood High School's cross country team ... In the 1980s, his uncle, Chuck Schmitt, competed on the swimming team at Cal and another uncle, John Starrett was on the Bears' crew team ... Undeclared major.



KURT SEEFELD

Discus - Team Captain Junior, San Rafael, Calif.

Redshirted (2004-05) ... Sophomore (2003-04): Seefeld finished fifth in the discus (169-03) at the Pac-10 Championships ... Finished ninth at the NCAA West Regional in the discus (169-01) ... Threw a season-best and team-best of 176-00 at the Triton Invitational ... Earned Pac-10 Field Athlete of the Week honors ... **Freshman (2002-03):** took 11th (164-06) in the discus at the Pac-10 Championships ... Had Cal's best throw in the discus and an NCAA regional and Pac-10 Championship qualifying mark (178-10) at the UCSD Invite ... Posted Cal's best finish with a second-place showing (176-9) at the Big Meet ... **High School:** A 2002 graduate of Marin Catholic High School ... Set North Coast Section and high school's record in the discus (194-7) ... Named Most Valuable Athlete in 2002 and earned Most Outstanding Athlete honors in 1999-2001 ... Member of school's National Honor Society and was on the Dean's List throughout high school ... Earned the Bank of America Plaque for Fine Arts ... **Personal:** Kurt Philip Seefeld ... Born Oct. 3, 1983, in Novato, Calif. ... Parents are Philip and Susan Seefeld ... Brother, Matt ... Undeclared major.



ANDREW SINOTTE

Javelin

Sophomore, Warwick, R.I.

Freshman (2004-05): Sinotte posted the season-best mark in the javelin (171-01/Cardinal Invitational) ... **Redshirted (2003-04)** ... **High School:** Sinotte attended Bishop Hendricken High School in Warwick, R.I. ... His team won three state

championships ... Member of National Honor Society and Rhode Island Honor Society ... **Personal:** Andrew B. Sinotte ... Born Jan. 10, 1985, on Clark Air Force Base in the Philippines ... Parents are Robert and Nancy Sinotte ... Has one brother, Christopher, who was an All-American in the javelin at Georgia Tech ... Undeclared major.



BOBBY SMALLMAN

Discus

Freshman, Livermore, Calif.

Redshirted (2004-05) ... **High School:** Smallman is a 2004 graduate of Granada High School in Livermore, Calif. ... Won the discus at the North Coast Section Meet of Champions in both 2003 and 2004 ... 10th place at state CIF in 2004 and 13th in

2003 ... Posted a PR of 182-2 in the discus ... **Personal:** Bobby Vincent Smallman ... Born Feb. 10, 1986, in Greenbrae, Calif. ... Parents are Bob and Teri Smallman ... Has an older sister, Lynette ... Undeclared major.



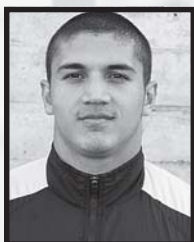
SCOTT SOBIERALSKI

Pole Vault

Junior, Visalia, Calif.

Junior (2004-05): Sobieralski posted Cal's best mark of the season in the pole vault (16-07.25/5.06m/NCAA West Regional) and his season-best mark in the 110m hurdles (14.29/Stanford Invitational) ... **Sophomore (2003-04):** Sobieralski

had a strong sophomore campaign as Cal's top decathlete, finishing sixth in the decathlon (7,215 points) at the Pac-10 Multi Championships ... Set a total of five personal records in the 10 decathlon events at the Pac-10 Multi Championships: a pole vault of 16-00.75, a javelin throw of 172-10, a long jump at 22-3, a shot put of 43-2.25 and a 400m clocked at 51.53 ... **Freshman (2002-03):** Out with an injury ... **Redshirted (2001-02):** Out with injury ... **High School:** Won the 2000 USA Track and Field Decathlon National Championship as a junior at Golden West High School...named a 2000 All-American ... Missed most of his senior season with a hamstring injury...despite the injury, selected his high school team's 2001 Most Outstanding Athlete ... Finished third in the decathlon with 6,556 points at the 2001 Junior National Decathlon ... Helped his team to three league titles ... Owns a PR of 7,129 in the decathlon and 15-9 in the pole vault ... Also competed in cross country for two seasons ... **Personal:** Scott Daniel Sobieralski ... Born April 30, 1982, in Boston, Mass. ... Parents are Ted and Leslie Sobieralski ... Married college sweetheart Jennifer Denise on Dec. 30, 2004, in Torrance, Calif. ... The couple is expecting its first child in July ... Integrative biology major.



NESTOR SOLIS

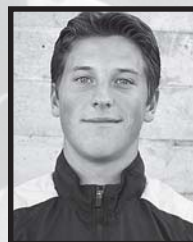
100m-200m-400m

Senior, Fairfield, Calif.

Junior (2004-05): Solis posted Cal's best mark of the season in the 400m (47.57/Jim Bush Invitational), season best in the 200m (22.16/Illinois) ... In the men's indoor competition Solis posted his season-best mark in the 400m (48.87/

Hoilday Inn Invite) ... He ran the first leg of the indoor 4x400m relay (3:12.98) team that collected the season's best time at the MPSF Championships, ran the last leg of the outdoor 4x440yard relay team, helping his team earn Cal's best time (3:11.64) of the season at the Pac-10 Championships, and ran the second leg of the distance medley relay that

earned the best time of 9:50.11 at the MPSF Championships ... **San Francisco State:** Solis transferred from San Francisco State when it dropped its men's track program ... He was the 2002 San Francisco State Track & Field MVP ... Held the four fastest 400m times in SFSU history ... **High School:** Solis is a 2002 graduate of San Lorenzo High School in San Lorenzo, Calif. ... CIF All-Team Academic Award ... Lettered four years in football and three years in track ... Broke school record four times ... 2002 state competitor ... 2001 Male Athlete of the Year at his high school ... **Personal:** Nestor Danilo Solis, Jr. ... Born Feb. 6, 1984, in San Francisco, Calif. ... Parents are Nestor and Maria Solis ... Has five siblings: Dexter, Hamlet, Marlon, Gina and Stephanie ... Psychology major.



sports

ANDREW STEVENS

Pole vault

Freshman, Palos Verdes, Calif.

High School: A track member at Palos Verdes Peninsula High School ... **Personal:** Born Dec. 11, 1985, in San Pedro, Calif. ... Legal studies major ... Son of Kathy and Mike Stevens ... Hobbies include watching movies, listening to music and playing



J.P. SUDDABY

200m-400m

Sophomore, Aurora, Ontario, Canada

Freshman (2004-05): Suddaby ran the third leg of the sprint medley relay (3:23.09) whose time ranks second all-time at CalSuddaby posted Cal's second-best mark of the season in the 400m (47.79/Jim Bush Invitational), season-best of the season in

the 200m (22.22/Big Meet), and ran the second leg of the 4x400m relay to help his team to the best time (3:09.15) of the season at the Pac-10 Championships ... In the men's indoor competition Suddaby recorded the fourth-best mark of the season in the 200m (22.03/Air Force Quad), second-best in the 400m (48.00/MPSF Championship), and ran the second leg of the 4x400m indoor relay that set Cal's best time of 3:12.98 at the MPSF Championship ... Qualified for the Canadian Senior Nationals in the 400m ... **Redshirted (2003-04):** Redshirted the outdoor season ... Posted a season-best of 49.22 in the 400m at MPSF Indoor Championships ... **High School:** Suddaby attended St. Andrews College in Aurora, Ontario, Canada ... Three-time MVP on track team ... Also played four years of varsity soccer and three years of hockey ... Placed third in Canadian Junior Championships ... **Personal:** Jonathan Patrick Suddaby ... Born Nov. 15, 1985, in Newmarket, Ontario, Canada ... Parents are Keith and Colleen Suddaby ... Career interest in law or politics ... Undeclared major.



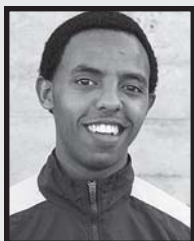
PAUL TEINERT

Javelin

Junior, Combine, Texas

Junior (2004-05): Had a successful junior campaign posting the best mark of Cal's season in the javelin (235-11/71.92m), which is also a lifetime best, at the Pac-10 Championships ... Teinert's marks from the Pac-10 Championship currently

rank him first in the javelin among Cal's all-time performers ... Earned All-American honors in the javelin ... Finished seventh in the javelin in the NCAA Championship ... **SMU:** Teinert competed in track and field for two years at Southern Methodist University before it dropped its program ... Holds a PR of 220 in the javelin ... **High School:** A 2001 graduate of Crandall High School in Crandall, Texas ... District MVP in football in 2001 ... In football was also All-State Academic ... **Personal:** Paul Mitchell Teinert ... Born June 12, 1982, in Dallas, Texas ... Parents are Mark Tienert and Tana Yowell ... Has a brother, John ... Legal studies major.



DAWIT TESFASILASSIE

Distance

Freshman, Santa Rosa, Calif.

Cross Country: Redshirted the 2005 season ... **High School:** Graduated from Piner High School in Santa Rosa, Calif., where he earned MVP in 2001, 2002, and 2003 ... Owns personal records of 1:56 in the 800m, 4:15 in the 1600m, and 9:22 in the 3200m

... Also lettered in soccer ... Honor Roll ... **Personal:** Dawit Tesfasilassie ... Born Oct. 27, 1985, in Eritrea to Genet Debesion and Tsegaye Amaha ... Undeclared major ... Hopes to become a doctor and participate in the Olympics ... Lists movies, music and reading as his hobbies.



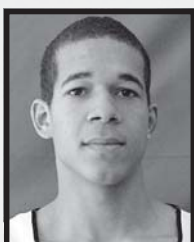
ZAK THOMAS

Hammer Throw

Sophomore, Wakefield, R.I.

Redshirted (2004-05): Redshirted the outdoor season due to back surgery ... In the men's indoor competition Thomas posted Cal's fourth-best mark of the season in the weight throw (56-10.00/Cougar Classic) ... **Freshman (2003-04):** Thomas was a

Pac-10 and NCAA Regional qualifier in the hammer ... Finished 10th at the Pac-10 Championships with a mark of 176-06 ... Posted a season best of 180-05 at the Mt. SAC Relays, second on the team ... **High School:** Thomas attended South Kingstown High School in Wakefield, R.I., where he accumulated 10 varsity letters ... A two-time All-American in hammer throw ... Received all-state honors five times including achievements in shot put, discus and hammer ... Member and captain of undefeated high school volleyball team ... **Personal:** Zachary Stuart Thomas ... Born Jan. 10, 1985, in Lewisburg, Pa. ... Parents are Tudor and Carolyn Thomas ... Has two brothers: Tudor, who graduated from Boston University, and Will, who compete in the decathlon at the UCONN ... Undeclared major.



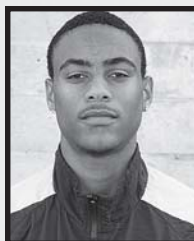
TEAK WILBURN

High Jump

Senior, Oroville, Calif.

Redshirted (2004-05): A medical redshirt ... **Sophomore (2003-04):** Finished seventh at the US Olympic Team Trials ... Wilburn was again Cal's leading field athlete, winning the Pac-10 title in the high jump and posting the Golden Bear men's highest

finish at NCAA Championships while earning first-team All-American honors ... Finished seventh (7-02.50) in the high jump at the NCAA Championships ... Wilburn won the Pac-10 high jump title at the conference meet (7-03.25) ... Won the high jump at NCAA West Regional and won the event at Texas Relays ... Set PR of 7-05.00 (2.26m) at Brutus Hamilton Invitational, leaving him No. 3 all-time at Cal ... Named team's Male Outstanding Field Athlete, tied with Rhuben Williams ... **Freshman (2002-03):** Wilburn put together one of the finest seasons a freshman has ever had at Cal ... Posted a 7-01.75 to finish tied for 12th in the high jump at NCAA Championships, Cal's highest finisher ... Set new freshman record (7-3.75) in the high jump with second-place finish at Pac-10 Championships ... **High School:** A 2002 graduate of Chico High School ... PR in the high jump was 7-4.75 ... Also competed in basketball for two years ... **Personal:** Teak Reynolds Wilburn ... Born Nov. 22, 1983, in Oroville, Calif. ... Parents are Sonny and Deborah Wilburn ... Undeclared major with an interest in business administration.



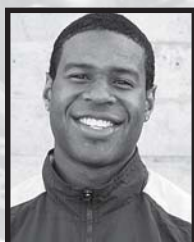
ED WRIGHT

High Jump

Sophomore, Oakland, Calif.

Freshman (2004-05): Recorded Cal's second-best score of 6-11.75 (2.13m) in the high jump at the Pac-10 Championships ... **High School:** Wright completed a very successful high school career at St. Mary's of Berkeley before graduating in 2004 ...

Wright's honors include the California State high jump title, winning at the prestigious Golden West Invitational, finishing second at the USATF Junior Nationals and being named Verizon USATF Jr. All-American in 2004 ... Owns a PR of 7-00" ... Wright also played 2 years of varsity basketball ... **Personal:** Ed Wright ... Born March 3, 1986, in Nairobi, Kenya, to Mal Whitefield and Harriet Wright ... Wright's father, Mal, ran track for Ohio State and competed 1948 and 1952 Olympic Games winning three gold medals, two silvers, and a bronze ... Wright says he never considered attending any school other than Cal ... Intended ISF major.



ROBERT YOUNG

Long Jump

Junior, Fairfield, Calif.

Santa Barbara City College: A city college transfer ... Earned an associate degree in liberal studies ... Participated in basketball and track and field ... Placed sixth overall at the Junior College Statement meet in the long jump ... During the

2003-04 season posted his season-best marks in the long jump of 23.5 ... Placed first at the WSC Conference Championship in the long jump ... Selected most improved on the basketball team ... A member of the honor roll ... **High School:** Lettered three years on the St. Ignatius High School varsity team ... Also lettered in basketball ... **Personal:** Born Dec. 15, 1983, in San Francisco, Calif. ... Undeclared major ... Son of Linda and William Wesley.



RYAN YOUNG

Javelin

Freshman, Silverdale, Wash.

High School: A two-time state champion, he holds the school record in the javelin ... State meet record holder in 2005 ... Earned team MVP in 2005 ... Top Points in 2005 ... Meet champion in the Washington vs. Oregon meet ... Also lettered in

basketball and was awarded Narrows League MVP ... **Personal:** Born Jan. 3, 1987, in Brewerton, Wash. ... Integrative biology/pre-med major ... Son of Kathy Felix and Brad Young.

Cal